

Women's Division

Motivate • Support • Grow

2011 Theme: *Women in Motion*

This month's program sponsor:

Betsy Booth, RN, *Nurse Navigator*
 Janeen Browning, *Director of Marketing*
 Emily Gentry, RN, *Oncology Program Coordinator*
 Brittnea Ussery, *Marketing/PR Consultant*



Before your breast center examines you, examine them.


Baylor Regional Medical Center at Plano is the only hospital in Collin County and one of six in Texas, including Baylor Diagnostic Imaging Center at Craig Ranch, accredited by the National Accreditation Program for Breast Centers.

- Make Your Mammogram Appointment
- Register to attend a free MammaCare® Breast Self-Exam Class
- Find a Physician

Check your list by calling **1.800.4BAYLOR** or visit us online at BaylorHealth.com/PlanoEvents.

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April newsletter sponsor:



Encore
 Adult Daily Enrichment Center
 Enhancing the Lives of Our Guests Every Day

- Warm, inviting, home-like atmosphere
- Enjoyable activities based on the latest research in memory care
- Nutritious meals and snacks
- Music therapy, aroma therapy, massage therapy
- Lots of love and laughter
- Staff specifically trained in Alzheimer's and dementia care

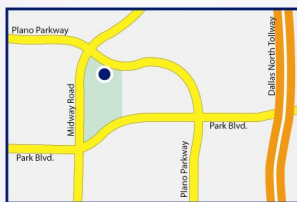
Alzheimer's & Memory Care ADULT DAY STAY
 An Important New Resource for Families

Free Day Stay!

Stop by, take a tour and learn how to earn a free day stay.

Call (972) 428-5400 to schedule a tour today!

www.encoredaystay.com



Corner of Midway and Plano Parkway
 Prestonwood Park Shopping Center
 6505 W. Park Blvd., Suite 116, Plano, TX 75093

Coming next month – WEDNESDAY, MAY 18th:

Recipe for Life: Making the Most of the Forks in the Road Debbie Gore

Author, motivational speaker and chef Debbie Gore has inspired hundreds of people to re-create their lives by writing personal recipes for life.

Recipe for Life motivates and encourages people to fill their lives with only satisfying ingredients to help them succeed. Participants learn to choose ingredients for their own life recipes as they re-prioritize their goals, improve overall health and productivity, and initiate positive life changes.

Debbie blends 25 years of corporate experience with her high-energy, entertaining presentations and breakout sessions. Her dynamic delivery captivates audiences and guides them to become more effective personally and professionally.



Debbie Gore

Debbie@recipeforlife.biz

817.329.8538

www.recipeforlife.biz

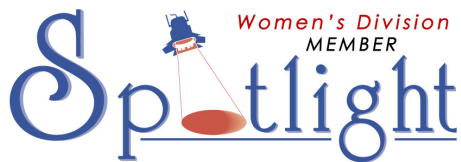
Recipe for Life teaches audiences to:

- Feel energized, balanced and motivated
- Initiate positive life changes
- Make decisions swiftly and easily
- Avoid over-committing
- Improve productivity and satisfaction
- Effectively connect and network
- Focus your energy on life goals

The Plano Chamber of Commerce Women's Division luncheons are held on the 2nd Wednesday of each month at Gleneagles Country Club, 5401 West Park Boulevard. **Individual introductions begin promptly at 11:50am**, followed by the program at noon, which concludes at 1:00pm.

Reservations are required and can be made on-line. The Chamber must receive reservations **by 2:00pm on FRIDAY, MAY 13th**. See the Chamber website for more information: www.planochamber.org





Janeen Browning
Director of Marketing
 Baylor Regional Medical
 Center at Plano
JaneenBr@baylorhealth.edu

I hail from: Snyder, Texas, and am now settled in Dallas.

When I'm not hard at work, my "Play Time" includes: spending time with family, friends, and my church. I also squeeze in some sort of physical activity each week like biking or Pilates.

A bit of wisdom or suggestion I can share with another woman, or person, in business is: there's something positive that can be learned from everyone you meet.

The greatest thing about networking with the Women's Division is: getting to know many women who are leaders at work and in the community, exchanging ideas and learning from them.

What makes you a "Woman in Motion" in 2011? Working to grow a new hospital, earning a graduate degree, serving Women's Division as director-elect and my church, owning a rental property, and walking my two yellow labs together definitely make me a woman in motion!

SAVE THE DATE:
Painting Up The Town
 with the Women's Division

Thursday, May 26th
 5:00 - 7:00pm
 More information coming soon!

at **Let's Art Party**

Conservatory SENIOR LIVING **ZANATA**

NOTHING BUT NETWORKING!

Wednesday, June 8th at Gleneagles Country Club!
 Register online in May for this popular luncheon – www.PlanoChamber.org
 You won't want to miss it!

Upcoming Chamber Events
 (Please RSVP in advance)

Every Friday: 7:30am
 Networking at Business Interchange
 Plano Chamber of Commerce Office

Apr. 19: 5:00 - 7:00pm
 YPP Live @ 5
 Main Event Plano

Apr. 27: 10:00 - 10:45am
 Prospective Member Orientation
 Plano Chamber of Commerce Office

Apr. 27: 11:30am - 1:00pm
 Success in Business
 Plano Chamber of Commerce Office

For more information and to RSVP, please visit the chamber website: www.planochamber.org

Remaining 2011 Luncheon Dates:

May 18
 June 8
 July 13
 Aug. 10
 Sept. 14
 Oct. 12
 Nov. 9
 Dec. 14

2011 Women's Division Board of Directors

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